



CROWNS

Following any procedure, we want each of our patients to go home feeling well taken care of and confident. For this reason, we put together a list of care instructions that will help in your recovery process. Here is what you need to know:

- > **After the visit:** If any anesthetic was used, your lips and tongue may feel numb for a few hours. Be careful when you chew your food to avoid biting your cheek, tongue, or lips. If the numbness persists longer than 24 hours, please contact us immediately. The tooth may be sensitive to pressure, sweet foods, or different temperatures. If this persists longer than four weeks, you will need to contact our office as soon as possible. You may experience some minor pains or soreness following the placement. Using over-the-counter pain medications such as Tylenol or Advil can help diminish any pain or discomfort.
- > **Care of Temporary Crown:** A temporary crown is placed in your mouth while the lab fabricates your permanent crown(s). You need to be careful using temporary crowns. We recommend that you avoid sticky foods such as gum or other types of candy so that the crown is not pulled off by the sticky substance. As you eat, try not to eat on the side of the mouth that received the temporary crown. Do not eat hard fruits or vegetables such as carrots or apples. The hardness of these types of foods may also cause the temporary crown to fall off. If your crown happens to become loose or comes off, place it back on the tooth using denture adhesive and call our office immediately to schedule a re-fitting appointment.
- > **Daily Mouth Care:** It is very important to maintain your daily dental care regimen. Crowns are not invincible. They require the same amount of care as natural teeth. Make sure to brush your teeth after every meal and floss daily. We recommend that you have your teeth cleaned every 6 months. This will help prevent any future problems.

If you have any further questions or concerns, please feel free to contact our office at anytime.